Understanding "CLOSE CONTACT"

For clarity: Close contact is

- Being within **6 feet** of someone who has COVID-19 for a cumulative duration of **15 minutes** or more, **with or without a mask**

- You provided care at home for someone with COVID-19

- You had **direct physical contact** with the person such as hugging or kissing

- You **shared** drinking or eating utensils.

- They have sneezed, coughed or somehow got **respiratory droplets** on you.

What to do if you've been in close contact ?

- Quarantine for **14 days after the last exposure** with the COVID-19 case.

- Stay home from work/school AND maintain a **6 feet distance** from others.

- Self monitor for symptoms of COVID-19 and do twice-daily temperature checks.

- Stay away from individuals with **high risk** for severe illnesses.

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